



***Department of Surgery Presents
Surgery Grand Rounds***

“Resident Wellness: Challenges and Future Directions”

October 9, 2024

8:00 AM – 9:00 AM

2231 Weiskotten Hall

TARGET AUDIENCE: Faculty, Residents, Medical Students, Ancillary Personnel

LEARNING OBJECTIVES: Following this activity participants should be able to:

1. Review current status of resident wellness programs
2. Discuss the paradigms that challenge wellness
3. Discuss areas for future focus and development in wellness initiative for GME

SPEAKER:

Jennifer Stanger, MD
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Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: SUNY Upstate Medical University designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Planner Disclosures: None of the planners have relevant financial relationships with ineligible companies with the exception of Dr. Michael Costanza who is a speaker for Inari & Endologix.

Speaker Disclosure: Dr. Stanger does not have relevant financial relationships with ineligible companies.

Mitigation: All of the relevant financial relationships listed have been mitigated.

MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirements of the American Board of Surgery’s Continuous Certification program. It is the CME activity provider’s responsibility to learner completion information to the ACCME for the purpose of granting ABS credit.

Commercial Support: No commercial support is received for this activity.