



UPSTATE
MEDICAL UNIVERSITY

Internal Medicine Clerkship 2024-2025

Blood and body fluids, immediately treat exposure site

- Wash the exposed skin with soap and water
- Flush exposed mucus membranes with water
- Flush eyes with at least 500 ml of water or normal saline for at least 3–5 minutes
- Do not apply disinfectants, antibiotics, or caustic agents to the wound
- Proceed to the Emergency Department if wound suturing or other first aid is needed

Initiate follow-up without delay

- Weekdays between 7:30 AM – 4:00 PM, call Employee/Student Health (ESH) at (315) 464-4260. Students will be instructed where to follow up
- After hours, weekends, and holidays: 1) Proceed to the Emergency Department at clinical site 2) Proceed to the closest Emergency Department if none at the facility. 3) Notify ESH of the exposure by leaving a voicemail or calling the next day of business.

Chemical or radioactive exposure

- Refer to the Student Occupational Health Exposure for treatment instructions: <https://upstate.ellucid.com/documents/view/3042>

UNITED HEALTH SERVICES

WILSON AND BINGHAMTON GENERAL

After cleansing the exposed area, immediately report to United Occupational Medicine (762-2333), Summit Building, Suite 204, 33 Mitchell Avenue, Binghamton. Clinic hours are 7:20 AM - 4:30 PM weekdays. After hours or on weekends, report to the Emergency Department to receive appropriate attention then follow-up with Occupational Medicine the next business day.

NORWICH

United Occupational Medicine 607-337-4777
170 Broad Street, Norwich

LOURDES HOSPITAL

After cleansing the exposed area go to the Health Clinic (Ground Floor near Pharmacy). Clinic hours are 7:30 a.m. - 3:30 p.m. weekdays. When Clinic is not open call switchboard operator and ask for Clinical Manager on-call.

CLINICAL CAMPUS POLICY ON BLOOD OR BODY FLUID EXPOSURE

In case of blood/body fluid exposure, including needle stick injuries cleanse the area that has been exposed with soap and water. If eyes are involved, flush with saline. Then follow the procedures for the appropriate site on the reverse side of this card. Remember to always identify yourself to hospital personnel as a Clinical Campus Student.



Contact Directory

Zachary Shepherd MD

**SYRACUSE CLERKSHIP
DIRECTOR**

WilliamZ@upstate.edu

315-464-5370

Lisa Oliver

**SYRACUSE CLERKSHIP
ADMINISTRATOR**

OliverL@upstate.edu

315-464-5370

Abdelhamid Ben-Selma,
MD

**BINGHAMTON SITE
DIRECTOR**

Abdelhamid.BenSelma@
nyuhs.org 347-338-9717

Maureen Savona

**BINGHAMTON
CLERKSHIP
ADMINISTRATOR**

SavonaM@upstate.edu

607-772-3528



CLINICAL LOG REQUIRED ROLES

Perform: Student actively participated in obtaining essential part of History and/or Physical Exam for diagnosis listed or participated in essential components of Procedure performed.

Observe: Student is present as History/ Physical Exam when diagnosis is obtained or procedure by others on the team.

Simulate: Alternative experience available on Bb or other simulated setting (only to be used when actual patient experience is not available).

REPORTING

REPORT MEDICAL STUDENT MISTREATMENT

An environment that optimizes learning and is built on respect and dignity is our expectation. The way we treat others (faculty, students, residents, staff) either realizes this expectation or it interferes with the learning process. Discrimination, humiliation and harassment simply can't be tolerated.

To find procedures and report confidentially any incidents or concerns regarding mistreatment or harassment please go to the Upstate website:

<http://www.upstate.edu/currentstudents/support/rights/mistreatment.php>

REPORT A GOLD STAR

The College of Medicine would like to recognize those individuals who exemplify professional behaviors and contribute to a positive learning environment. In order to do so, the Gold Star Report provides a mechanism to identify positive influences on professional standards and the learning environment.

To highlight examples of faculty, students, or staff who have demonstrated exemplary professional behaviors, please go to:

<http://www.upstate.edu/currentstudents/support/rights/goldstar.php>

CLINICAL LOG REQUIREMENTS

DIAGNOSIS	MIN ROLE/MIN # REQUIRED
Abdominal pain	Perform/1
Acute renal failure/CKD	Perform/1
Altered mental status	Perform/1
Anemia	Perform/1
Back pain	Perform/1
Chest pain	Perform/1
CHF	Perform/1
COPD	Perform/1
Cough	Perform/1
Diabetes	Perform/1
Discharge Planning	Perform/1
Dyslipidemia	Perform/1
Dyspnea	Perform/1
Dysuria	Perform/1
Fever	Perform/1
Fluid, electrolyte & acid base disorder	Perform/1
Hypertension	Perform/1
Liver disease	Perform/1
Obesity	Perform/1
Rheumatologic problems	Perform/1
Pneumonia	Perform/1
Smoking cessation	Perform/1
Upper Respiratory Complaints	Perform/1
Venous thromboembolism	Perform/1

Internal Medicine Objectives

PATIENT CARE

Obtain both a focused and comprehensive history and physical examination. PC1, PC2

Apply a differential diagnosis for patients with a wide range of medical problems. PC-4

Formulate and explain a management plan for medical patients. PC4

Care for patients in the inpatient setting addressing both their acute and chronic problems. PC3

Care for patients in the outpatient setting addressing their acute and chronic problems as well as health maintenance needs. PC3

Use clinically relevant research to interpret clinical, laboratory, radiologic and pathologic data. PC5

MEDICAL KNOWLEDGE

Generate a problem list and prioritize its components from patient symptoms and syndromes. MK3, MK4

Apply knowledge of scientific principles underlying normal function and mechanisms of disease in patient care. MK1

INTERPERSONAL AND INTERPROFESSIONAL COMMUNICATION SKILLS

Create and sustain therapeutic relationships with patients resulting in effective communication and patient-centered care. IICS1

Use appropriate listening and verbal skills to communicate empathy and help educate the patient. IICS1, IICS2

Work with all members of the healthcare team demonstrating respect and teamwork. IICS2

Carry out professional responsibilities and adhere to ethical principles in the care of a diverse patient population by advocating for the patients' needs and interests. IICS1

Participate in the development of care plans working with all healthcare team members for inpatients and outpatients. IICS2

ETHICS AND PROFESSIONALISM

Carry out professional responsibilities and adhere to ethical principles in the care of a diverse patient population by advocating for the patients' needs and interests. (PR-1) PR1

In all patient encounters, display respect, compassion, integrity and responsiveness to the needs of the patients and society that supersedes self-interest. PR1, PR3

Work with all members of the healthcare team demonstrating respect and teamwork. PR1

SYSTEMS BASED PRACTICE AND POPULATION HEALTH

Participate in the development of care plans working with all healthcare team members for inpatients and outpatients. PH3