

# UPSTATE

MEDICAL UNIVERSITY

ALAN AND MARLENE NORTON  
COLLEGE OF MEDICINE

## RESIDENT EXCEPTIONAL MOMENTS IN TEACHING



**Allen Zhou, MD**, is a R-3 resident in the Department of Internal Medicine at Upstate Medical University and the **January 2025** recipient of the **Resident Exceptional Moments in Teaching** recognition.

### Comments from Dr. Zhou's students:

*"Allen was such a great person to work with! It is truly evident how much he cares about students and their learning. He loved teaching, and always gave great constructive feedback. He was also super fun to work with, and I am lucky to have spent time with him and to continue running into him throughout campus. He was a ray of sunshine, and he will be an excellent physician who is so very compassionate. He is a great mentor, and someone I will strive to emulate whenever I become a resident myself."*

*"I couldn't figure out what I was doing wrong in my oral SOAP presentations for a long time until Allen took the time to point out what I was doing wrong and explicitly walked me through how to fix it. Ever since then, my supervisors have given me positive feedback."*

*"Allen made sure I knew the plan before I presented it to the attending. Allen showed me how to improve my note-writing, and he showed me how to be more efficient with my chart reviewing. He taught me the side effects of so many different anti-infectives I had forgotten since last year, and he took extra time out of his schedule to do teaching sessions with me. Allen is someone I look up to, and I hope to be as great a resident one day."*

The Upstate Medical University Alan and Marlene Norton College of Medicine recognizes exceptional teachers with the monthly "Exceptional Moments in Teaching" program. Honorees are selected via student assessments from courses and clerkships.

Recognized teachers — including medical faculty, residents, nurses and other educators — are those who challenge students and provide an exceptional learning experience.