# UPSTATE NEWYORK POISON CENTER 1-800-222-1222

#### September 2023 Newsletter



The Upstate New York Poison Center stands as a vigilant 24/7/365 free and confidential community service, committed to ensuring the safety of you and your loved ones. Whenever you encounter a situation where ingestion or exposure to potentially harmful substances is a concern, do not hesitate to reach out to us. Our mission extends beyond just being a helpline; we strive to keep you informed about emerging trends in the types of calls we receive. This knowledge equips you to proactively safeguard your family &

- **FENTANYL:** This opioid can cause respiratory distress and death when not used correctly under medical supervision. It is commonly mixed into illicit drugs, often causing a deadly outcome. In the event of an opioid overdose of any substance (illegal or prescribed pain medication), naloxone may reverse the overdose and save a life. Naloxone may be available for purchase at your local pharmacy. It is also available for free from NYS Office of Addiction Services and Supports & Matters Network and other community action groups. We encourage everyone to have naloxone stored safely in your home.
- WRONG MEDICATION: Medication labeling and safe storage are always encouraged to keep you and your

community against oftenoverlooked dangers, reinforcing our dedication to your well-being. Our trained staff is available to help you in any situation. We encourage you to save our number now, 1-800-222-1222.

- family safe. Always leave all medications in their original container and track when you have taken a medication to prevent taking an unintentional second dose or taking the wrong medication at the wrong time.
- **FORAGING:** People sometimes choose to forage some certain foods in the wild. This can be dangerous as many deadly plants, berries, mushrooms, etc. in nature look safe but are not; this often causes unintentional poisonings.



The Upstate New York Poison Center presents our latest Health Educator Webinar Series:

"We're Not Just for Kids: How Everyone Can Utilize Our Poison Center (with a focus on the senior population)"

Presented by

Michele Caliva, MA, BSN, RN, CSPI, CCE

**UNYPC Administrative Director** 

and

Mary Beth Dreyer, MS, Ed UNYPC Health Education Program Manager

October 19, 2023 10:00 a.m. - 11:30 a.m.

Questions: <u>dreyerm@upstate.edu</u>

Participants will:

- review sample calls to the UNYPC involving seniors (i.e. inquiries on medication, nutritional supplements, cannabis, cleaning products, plants, etc.)
- discuss strategies to help prevent poisonings in seniors
- learn about the many resources available at the UNYPC for the senior population

Please register: https://bit.ly/3REjlsc



### We need your help!

Like you, we're always striving to enhance our programs and make our outreach even more effective. Your valuable input can help us achieve that goal! Would you be willing to take just five minutes to complete our survey? Click the button below or scan the QR code above.

As a token of our appreciation, participants will automatically be entered into a raffle to win a prize from our center.

Take Survey

## Community Spotlight



Our Poison Center is a vital resource for a wide range of individuals, far beyond just concerned parents of young children. Our outreach extends to people of all ages and backgrounds, including pregnant & nursing mothers, school nurses, senior citizens, medical professionals,

college students, EMTs, and teachers. Our reach spans from infancy to old age, showcasing the critical role we play in ensuring safety and well-being for everyone.

Our Health Education Program Manager, Mary Beth Dreyer, is dedicated to spreading awareness on medication safety. She recently conducted an insightful presentation on Medication Safety at the Genesee County Office for the Aging, as a valuable part of their Aging Mastery Program. Mary Beth emphasized the importance of safe medication use, storage, and disposal. Attendees not only gained knowledge but also received informative materials to take home.

If you or your organization are eager to benefit from an engaging and informative presentation by our experienced Educators, we invite you to reach out to Mary Beth Dreyer at <a href="mailto:dreyerm@upstate.edu">dreyerm@upstate.edu</a>. Let's work together to enhance safety and health within your community.

#### New Additions To Our FREE Materials

We are always adding to our FREE resources and materials. We are happy to now provide, at no cost, a Cannabis Edibles Safety Tip Card, "Stop! Ask First" Children's DVD and poison center keychains.

If you are willing to distribute our materials at outreach events or deliver poison prevention programming, please visit <u>upstatepoison.org</u> to request free stickers, magnets, brochures, etc. We also have printable activity sheets for children, videos to enhance your presentations, free teacher training, and new look-alike product photos for you to share.



Free Materials

Order free materials.



# Public Education Materials

Download our educational materials.



Poison Prevention Training

Help teach poison prevention.



#### Look-alike Products

Learn about cannabis & other look-alike products

Save our number now: 1-800-222-1222

- We are open 24/7/365
- We are free & confidential
- Specially trained Nurses, Pharmacists & Physicians answer your calls
- We offer community education and professional education
- Visit us at www.upstatepoison.org



#### **Upstate New York Poison Center**

750 E. Adams Street, Syracuse United States of America

You received this email because you are a supporter of the Upstate New York Poison Center.

Questions? Email <u>DreyerM@upstate.edu</u>

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