

# PSILOCYBIN “MAGIC” MUSHROOMS

## **Psilocybin is a chemical in certain types of mushrooms.**

Some people use them recreationally to experience a high. They are also being investigated as potential treatments for some mental health conditions. These mushrooms are widely available and may be easily confused with mushrooms that are safe to eat.

These mushrooms are commonly referred to as: “hallucinogenic mushrooms,” “magic mushrooms” and “shrooms.” Calls to U.S. poison centers involving the use of psilocybin-containing mushrooms among adolescents and young adults are on the rise.

The physical effects of ingestion include nausea, vomiting, muscle weakness and lack of coordination.

The psychological consequences of psilocybin use include hallucinations and an inability to discern fantasy from reality. Panic reactions and a psychotic-like episode may also occur, particularly if the user ingests a high dose.

If you have these mushrooms or other agents in your home, be sure to keep them up, away and out of reach of children. Consider storing them in a medication lock box for an added layer of protection.



**Questions or concerns?  
Call: 1-800-222-1222**

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