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*Information for You from Your Health Care Team*

## **T.E.D.'s and S.C.D.'s**

### **T.E.D. stockings**

T.E.D. stockings are anti-embolytic stockings (prevent blood clots), worn on patient's legs. These stockings come in knee high and thigh high lengths.

T.E.D.'s increase the flow of blood back towards the heart. They are worn by patients who are unable to walk or move about as they would normally because of illness. They are often worn together with S.C.D's.

### **S.C.D's (Sequential Compression Devices)**

S.C.D's have an air pump connected by hoses to a plastic sleeve, which wraps around a patient's leg. Air is pushed into the sleeve starting from the ankle up to the thigh. S.C.D.'s gently squeeze the patient's legs which pushes the blood back towards the heart. A patient will often wear S.C.D.'s until they are able to get out of bed and begin moving more normally.