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*Information for You from Your Health Care Team*

## **The 5 most common stroke symptoms:**

1. **Sudden** numbness or weakness of face, arm or leg, especially on one side of the body
2. **Sudden** confusion, trouble speaking or understanding
3. **Sudden** trouble seeing in one or both eyes
4. **Sudden** trouble walking, dizziness, loss of balance or coordination
5. **Sudden** severe headache with no cause



## **Call 911 – Don't Delay**

Remember the 3 R's for Life:

1. Reduce risk of stroke!
2. Recognize signs of stroke!
3. Respond immediately to stroke!

**Speak Up If You Have Any Questions or Concerns**