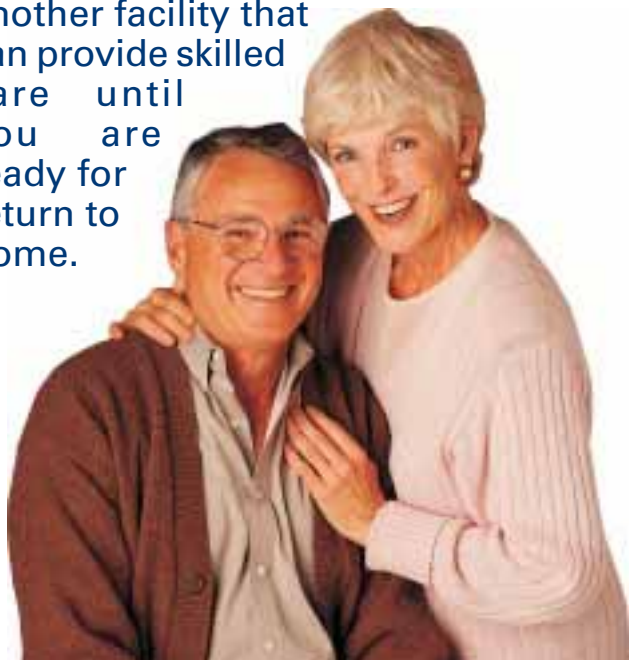


Discharge planning in the hospital.

Discharge planning continues when you enter the hospital. Your nurse can be helpful in answering questions you or your care provider may have. A case manager is assigned to help with discharge planning. The case manager will talk with you to:

1. assist with planning care you may need at home
2. obtaining supplies or equipment you will need
3. arrange for home care nurse to come if needed.

A social worker is also available to talk with you. If you find that you require more care than can be provided at home, the social worker will talk with you to assist with planning transfer to another facility that can provide skilled care until you are ready for return to home.



750 East Adams Street

Syracuse, NY 13210



Having surgery? Start planning for discharge now



SYRACUSE, NEW YORK

Plan Now

We understand that having surgery may not be an easy choice to make. Planning for discharge begins before you come to the hospital. By planning now, we hope your return home will be easier. We have included some steps and decisions you can make before you are admitted to the hospital to be ready for your discharge.



Paul Cunningham, M.D., FACS,
Chairman, Department of Surgery

What steps can I take before I am admitted to prepare for discharge?

Important: Ask your doctor or family member to help you answer the following questions.

1. Who will give me a ride home?
Name: _____
Phone number: _____
2. Where will I go at time of discharge? (home, friend's house, Skilled nursing facility?)

DISCHARGE IS BEFORE 11:00 AM

3. What pharmacy do I use?
Name: _____
Phone Number: _____
4. Who will help fill my prescriptions?
Name: _____
Phone number: _____
5. Who will help with house work? (laundry, dishes, meals, groceries)
Name: _____
Phone number: _____

6. Who will help with bathing and dressing?
Name: _____
Phone number: _____
7. Is there someone who can stay overnight with me for the first few days?
Name: _____
Phone number: _____
8. Will I be able to get to my bathroom? Yes No
9. Is there a telephone within reach? Yes No
10. Do I have the supplies needed for my return home? (food for meals/snacks) Yes No
11. Do I have a Health Care Proxy?
Name: _____
Phone number: _____

If you have answered no to any of the questions or left any blanks, consider how you will be able to change that to a yes or fill in the blank in preparation for your hospitalization.