



Information for You from Your Health Care Team

Before Your Sclerotherapy Treatment

- Do not shave your legs on the day of your treatment
- Shower and wash your legs well with an antibacterial soap on the day of your treatment.
- Do not apply any cream or lotion to your legs.
- Bring loose fitting shorts or a leotard to wear during the treatment.
- Eat a light meal or snack 1½ hours before your treatment.
- Buy a pair of 20 to 30 mm gradient pressure compression stockings for use after your procedure. These can be obtained from a medical supply company. Some pharmacies may also carry these. A second pair may be purchased to allow for laundering. Bring one pair with you to your treatment.
- Bring loose fitting pants or shorts and comfortable walking shoes with you for use after your treatment.
- Contact your insurance company to determine the extent of treatment coverage.

Speak up at any time if you have any questions or concerns.