



Information for You from Your Health Care Team

SEREVENT

Generic Name: SALMETEROL (sal-MET-er-all)

- My doctor also calls Serevent a long-acting bronchodilator
- Serevent is a **Controller Medicine**



What does Serevent do?

- Makes me breath easier
- Relaxes and opens the airways in the lungs
- Works for up to 12 hours
- Helps prevent asthma attacks and control coughing, wheezing, and shortness of breath



How should Serevent be stored?

- In a cool, dry place away from sunlight
- Do not freeze
- Keep out of reach from children

What if I miss a dose of Serevent?

- Do not use extra medicine to make up for a missed dose
- Call your doctor's office for advice

When do I use Serevent?

- Everyday in the morning and at night
- Serevent is NOT a rescue-relief medicine

How do I use Serevent?

- With a metered dose inhaler (puffer) and holding chamber (spacer)
- Your health care provider will tell you how to use Serevent
- **Parents:** Check the dose of Serevent on your child's Asthma Action Plan



What are some of the side effects of Serevent?

- Fast heartbeat
- Trouble sleeping
- Cough
- Upset stomach
- Dizziness
- Numbness or tingling in hands or feet



CALL DOCTOR NOW!

- Breathing is hard and fast
- Rib cage is showing
- Nose is opening wide
- Can not walk or talk well

Speak up at any time if you have any questions or concerns