



Information for You from Your Health Care Team

Taking your baby home after heart surgery

Incision (Scar) Care:

1. Bathe your baby as you normally would but do not soak the scar in water for long periods of time.
2. If there are steri-strips, they will fall off on their own.
3. Try to keep the area dry between washings.
4. The scar should be covered from direct sun for at least a year after the operation.

Pain or Discomfort:

You may give your baby Tylenol for pain as needed.

Diet:

Your baby may have a regular diet, unless you have been told differently.

Activity:

Your baby's activity will gradually increase on its own.

Problems: Please call the office (315-464-1800) if you note the following:

1. **Fever** – Temperature greater than 101 degrees.
2. **Scar** – Increased redness or swelling, increased pain around the scar, any green or yellow cloudy drainage from the scar.
3. **Breathing** – The baby has to work hard to breathe.
4. **Feeding** – The baby is taking in less at a time or feeding less often.
5. **Behavior** – Steady crying or fussiness that you are not able to help.

Speak up if you have any questions or concerns