



Information for You from Your Health Care Team

ADVAIR

Generic Name: SALMETEROL/FLUTICASONE

(sal-ME-te-role/floo-TIK-a-son)

- My doctor also calls Advair a mix of Serevent and Flovent OR long-acting bronchodilator mixed with an inhaled steroid.
- Advair is a **Controller Medicine**



What does Advair do?

- Makes me breath easier
- Helps prevent asthma attacks and control coughing, wheezing, and shortness of breath
- Opens the airways and reduces swelling and irritation in the lungs



How should Advair be stored?

- At room temperature
- Away from heat, moisture and direct light
- Keep the inhaler dry at all times
- Keep closed if you are not using
- Keep out of reach from children



When do I use Advair?

- Everyday in the morning and at night
- Advair is NOT a rescue-relief medicine

How do I use Advair?

- It is a dry powder inhaled from a diskus
- **Rinse your mouth** out or brush your teeth after each use
- Your health care provider will tell you how much Advair to take
- **Parents:** Check the dose of Advair on your child's Asthma Action Plan



What if I miss a dose of Advair?

- Do not use extra medicine to make up for a missed dose
- Call you doctor's office for advice

What are some of the side effects of Advair?

- White patches in mouth
- Sore throat or change in voice
- Headache
- Fast heartbeat
- Trouble sleeping



CALL DOCTOR NOW!

- Breathing is hard and fast
- Rib cage is showing
- Nose is opening wide
- Can not walk or talk well

Speak up at any time if you have any questions or concerns