

## Our professionals will help you with:

- Relieving physical symptoms such as nausea, shortness of breath, sleeplessness, and wound healing.
- Emotional issues such as grief, loss, and anger.
- Spiritual concerns.
- Advanced care planning and setting goals of care.
- Individual medical attention from our Palliative Care Service Team.
- Other methods of pain and stress management.
- Referrals to community resources for you when you go home.

University Hospital's Palliative Care Service works with many services in the hospital so that you and your family will receive the care you want during your advance illness.

If you are not sure if the Palliative Care Service is right for you, give us a call so a member of our team can answer questions you may have about the service.

## For information or a consultation, please contact us at:

Phone: 315-464-6098

Fax: 315-464-4761



Palliative Care Service

Phone: 315-464-6098

Fax: 315-464-4761

# Palliative Care Service



SYRACUSE, NEW YORK



# Palliative Care Service

## Are you worried about any of the following?

- Health care choices you need to make
- Pain caused by treatment for your illness
- Your doctor not understanding your worries
- Planning for your family
- Advance Directives or Health Care Proxy
- Talking with your family about your wishes and/or your illness

University Hospital offers a special service to patients and families when a the patient is dealing with **advanced illness** whether serious, chronic, or terminal. This service can help patients and families develop goals of care to deal with some of the issues faced by those with an advanced illness. This special service is called Palliative Care Service.

Our Palliative Care Service offers a team approach to help patients and families who are dealing with serious, chronic, or terminal illness.

## Why would I use Palliative Care Service?

The Palliative Care Service will help treat your needs at any time during your illness. We can help you and your family with physical, emotional, and spiritual needs in addition to comfort care.

Palliative care means that the goal of your treatment may not be a cure, but helping you and your family through the stages of your illness.

## Palliative Care can help you:

- with symptoms that may be caused by your disease or medicines.
- make important choices that will affect you and your family.
- with discussions regarding who you would like to be your Health Care Proxy and if you would like to make further Advance Directives.

You can still receive treatment for your illness and have Palliative Care Service.

## How do I decide if Palliative Care is for me?

Making the choice to change from “care meant to cure” to “care meant to provide comfort” is a big decision. You may need support from your family and the Palliative Care Service. Sometimes you may not want to talk to a member of your family about your choices and thoughts. Members of the Palliative Care Service are always ready to talk about your thoughts and wishes.

