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*Information for You from Your Health Care Team*  
**Morning After Pill**

**When is it effective:**

Must be taken within 72 hours (3 days) of unprotected intercourse

**Risk of pregnancy without emergency contraception:**

- mid-cycle (2 weeks before next period is due) - 20-30%
- different point in cycle - 2-4%

**Risks and side effects:**

Similar to those of the pill

1. Do not use with undiagnosed abnormal vaginal bleeding, impaired liver, kidney, or heart function, or porphyria
2. Blood clots, heart attacks, stroke, liver disorder, gallbladder disease, migraines, hypertension
3. Call care provider immediately for abdominal pain, chest pain, or shortness of breath

**Minor side effects are:**

- breast tenderness
- nausea
- weight gain, loss
- depression
- dizziness
- water retention

**Risk to baby:**

The presence of the PILL poses a small risk to a developing baby.

**What Do I Take?**

Your medicine is \_\_\_\_\_.

Take \_\_\_\_\_ pills now and \_\_\_\_\_ in 12 hours. Please call if you have any concerns, 464-5210.

Speak Up if You Have Questions or Concerns