



Information for You from Your Health Care Team

Discharge Instructions after a Liver Injury

You have had an injury to your liver that caused bleeding.

The liver is a vital organ in your body that filters your blood. The liver has many blood vessels in it and can easily start bleeding with an abdominal injury.

Not all liver injuries require surgery. Your doctors have chosen not to perform surgery. After discharge it is possible that your liver may start bleeding again. Some signs that your liver is bleeding again are:

- Severe abdominal pain.
- Dizziness lightheaded.
- Racing heart, palpitations.
- Passing out, loss of consciousness.
- Profuse sweating.
- Hiccups.
- Fever.

If you have any of these symptoms, you should seek e medical care right away by calling your health care provider or going to the emergency room.

You should not participate in any gym classes or sports of any kind until your doctor says that it is okay.

You should not drive or ride on any recreational vehicles such as motorcycles, ATV's, or snowmobiles until your doctor says that it is okay.

You should not drive or return to work or school until your doctor says that it is okay.

Speak up if you have any questions or concerns