



Information for You from Your Health Care Team

Giving Medicines Through Your Gastric Tube (PEG Tube/ G-Tube)

1. Wash your hands
2. Check your gastric content:
 - a. Connect the syringe to the end of your gastric tube.
 - b. Pull back on the plunger.
 - c. If you get more than 100 cc, return the gastric contents into your stomach through your tube and wait one hour before rechecking.
 - d. If you still get more than 100 cc when you recheck, call your doctor.
 - e. If you get less than 100 cc, you are ready for your medicines.
3. Draw up 30 cc of water into the syringe, attach the syringe to your tube and gently flush.
4. Measure out the correct dose of your medicine.
 - a. Use liquid medicines whenever you can.
 - b. If liquid medicine is not available, crush your pills and dissolve in 1-2 tablespoons of warm water. **Always check with your doctor or pharmacist to make sure it is okay to crush your pills, it is not safe to crush all medicines**
5. Remove the plunger from a 60 cc syringe and attach to your gastric tube.
6. Pour your medicines into the syringe.
7. When you are finished with all of your medicines, flush your tube with 30 cc of water and disconnect the syringe.

