

Mindful Eating Program

Yes! Please enroll me in the next Mindful Eating Program Session.

By filling out and returning this registration form with payment, I agree to participate in the Mindful Eating Program. I understand that the \$300 fee is non-refundable.

Payment by check Only!!!

Checks are to be made payable to: Department of Medicine, MSG
(Checks will be returned if not written correctly)

**Please print out and mail your check and registration form to:
Mindful Eating Program**

c/o Terry Podolak, RD
Upstate Medical University
750 East Adams Street
Room 2407 UH
Syracuse, NY 13210
Phone: 464-4992

Please Print:

Name

Address

Daytime Phone

E-mail Address

Session Date(s) which you are registering for:

Thank you