The Upstate University Hospital Inpatient Psychiatric Unit, consisting of 23 beds, admits individuals 17 and over with various psychiatric diagnoses. Patients are admitted on both a voluntary and involuntary status and through various referral sources. The reputation of the unit brings referrals from all over central New York for patients with complex diagnostic or management problems. Within a richly diverse patient population, the multidisciplinary staff provides an atmosphere of acceptance, caring and respect.

Collaboration
Psychiatric nursing practice provides a multifaceted approach that emphasizes individualized care in an interactive therapeutic milieu. Nursing staff are integral members of the multidisciplinary treatment team and collaborate with other health care professionals to provide excellence in patient care. Primary nursing is practiced with the belief that the therapeutic relationship has the potential for producing change and growth within the individual.

Advocacy
Nursing functions as a patient and family advocate emphasizing community reintegration.

Therapeutic Relationships
Nurses assist patients with self-understanding in an atmosphere of acceptance, caring and trust. Patients are offered an individualized plan of care including individual and group therapy with a strong emphasis on skill-development through psychoeducational programming. Discharge planning is an important component of the patient’s treatment plan. The multidisciplinary team and patient work together to develop a comprehensive plan.

Education
In an active teaching environment, nursing provides ongoing psychoeducational programming tailored to the patient’s individual needs.

Community Involvement
Nursing values the opportunities for community and professional involvement.

For More Information
Karen Hirschman, BS, RN, C
Patient Service Manager
315-464-9099
e-mail: hirschmk@upstate.edu

Office of Nurse Recruitment
750 East Adams Street
Syracuse, New York 13210

1-800-274-4810
315-464-4810
nrecruit@upstate.edu