

**Summary of Benefit Coverage and Services for Smoking Cessation
Research Foundation Employees**

Benefit	Description	Additional Information
Health Insurance Empire PPO	<p>The Empire PPO does not cover smoking cessation; however, members can go to their website to get articles and information on smoking cessation.</p> <p>Prescription medications for smoking cessation are covered, if the employee's doctor verifies that they are enrolled in a certified stop smoking program. The employee will pay a \$35 copayment for a 30 day supply of Zyban®.</p>	<p>1-800-342-9816 www.empireblue.com</p>
Health Insurance MVP	<p>Effective July 1, 2004, MVP is offering the "I Aim to Quit" Program. It provides coverage for a 3-month supply of Zyban® to New York HMO members with the prescription drug benefit (applicable copay will apply). Participants may receive up to 4 follow-up counseling phone calls from MVP representatives trained in smoking cessation. Here are the steps:</p> <ol style="list-style-type: none"> 1. Contact physician to discuss a prescription for Zyban®; 2. Download the agreement and questionnaire documents from the MVP website; 3. Return signed Agreement and completed Questionnaire to MVP; 4. Decide on a quit date; 5. A MVP representative arranges clearance to obtain Zyban® based on the chosen quit date; 6. Two to three weeks before the quit date, redeem prescription at any MVP participating pharmacy; and 7. Begin using Zyban® two weeks before quit date. <p>Participation in the program may also include follow-up phone calls from an MVP representative trained by Seton Health's Smoking Cessation experts.</p>	<p>1-888-825-5687 www.mvphealthcare.com</p>
Health Insurance HMO Blue	<p>Members choose a prescription nicotine replacement product, or Zyban® (bupropion), or an over-the-counter nicotine replacement product and HMO-Blue will reimburse up to \$50 toward the prescription co-pay or over-the-counter purchase. In order to receive reimbursement, the member must use the nicotine replacement product or Zyban®; in conjunction with an Excellus BlueCross BlueShield approved and recognized multi-session smoking cessation program. Excellus BlueCross BlueShield does not provide coverage for smoking cessation classes or individual counseling.</p>	<p>1-800-447-6269 www.excellusbcs.com</p>
Health Care Spending Account	<p>The Health Care Spending Account (HCSAccount) is an employee benefit that helps RF employees pay for health-related expenses with tax-free dollars. This includes the cost of smoking cessation programs and prescription drugs that are not reimbursed by your insurance or other benefit plans. Beginning 1/1/04, employees can be reimbursed for the cost of over the counter nicotine gum and patches. Open enrollment for 2005 runs from November 1 – November 30, 2004. Enrollment forms are available in the Human Resources Benefits Office, 206 Jacobsen Hall.</p>	<p>1-800-342-8017 www.fbmc-benefits.com</p>