TO: Incoming Residents
FROM: K. Bruce Simmons, M.D.
       Director
       Employee/Student Health
DATE: April 2015
SUBJECT: PRE-EMPLOYMENT HEALTH CLEARANCE

Required Pre-Employment Forms:
1. Medical History and Report of Medical Examination
2. Resident Immunization Record
3. Allergy History Form
4. Resident Release of Information Form
5. OSHA Respirator Medical Evaluation Questionnaire

Health clearance forms are included in the information from the Graduate Medical Education office available on MedHub and also available at: http://www.upstate.edu/health/incoming/forms.php
Contact the Employee/Student Health Office at (315) 464-4260 if you anticipate any delay in completing the health clearance requirements.

1. Medical History and Physical Examination  (Upstate forms must be used)
   • Complete the Medical History form.
   • Physical exam by a licensed provider* is required within 6 months of beginning employment. Physical exams may be performed by appointment at Employee Health prior to May 30th.

   *Valid documentation of the provider performing the exam is required with complete contact information for verification.

2. Immunization Documentation  (laboratory report required)
   • Rubella Antibody Titer (IgG)
     - Copy of the lab report must be enclosed.
     - If negative titer, documentation of recent updated immunization is required.
   • Rubeola (Measles) Antibody Titer (IgG)
     - Copy of the lab report must be enclosed.
     - If negative titer, documentation of updated immunization is required (unless born before January 1, 1957).
• **Mumps Antibody Titer (IgG)**
  - Copy of the lab report **must** be enclosed.
  - If negative titer, documentation of updated immunization is required.

• **Varicella (Chicken Pox) Antibody Titer (IgG)**
  - Copy of the lab report **must** be enclosed.
  - If negative titer, documentation of updated immunization is required.

• **Hepatitis B Surface Antibody Titer (IgG)**:
  - Copy of lab report **must** be enclosed indicating protective antibody titer.
  - If negative titer, vaccination is available through Employee Health

### 3. Tuberculosis Screening

*All incoming residents will be required to have a tuberculin skin test (TST) placed by Employee/Student Health on campus prior to beginning employment.*

*(Previous BCG administration does not negate the need for TST testing)*

If you are in the Syracuse area, you are encouraged to make an appointment with Employee/Student Health to complete TST and N95 mask fit testing prior to orientation week.

Contact Employee/Student Health at (315) 464-4260.

- If no history of prior positive tuberculin skin test:
  - TST will be placed on **Wednesday, June 24** at orientation and read **Friday, June 26**.
  - A second TST will be placed within 2 weeks to complete required two-step testing unless documentation of a prior TST, within one year of the above date is submitted.

- If tuberculin skin test positive in the past:
  - **Required**: Documentation of date of positive reaction, place of administration and millimeters of reaction of the TST
  - **Required**: Report of a chest x-ray within **6 months** prior to beginning employment
  - Provide documentation if you have received INH treatment,

*NOTE* If the above tuberculosis pre-employment screening is not completed by **6/30/15**, you will not be allowed to begin hospital duties on **7/1/15**.

### 5. Resident Release of Information Form

- Authorization to provide documentation of health clearance, evidence of immunizations and TB screening to other clinical training sites.

### 6. OSHA Respirator Medical Evaluation Questionnaire

- Required medical questionnaire for N95 respirator fit-testing.