Directions to
Upstate University Hospital and
Golisano Children's Hospital
Public Parking
GARAGE EAST & GARAGE WEST

From the West
• NYSS Thruway (I-90) Exit 39 (Syracuse)
• 690 East to 81 South to Adams/Harrison exit (#18)
• Keep left off exit ramp. (Almond Street, under Rt. 81)
• Left at second light (E. Adams Street)
• University Hospital will be on right
• Turn left on Sarah Lougen Street
• Enter ‘Garage East’ on right or ‘Garage West’ on left

From the East
• Thruway Exit 34A (Rte. 481)
• 481 South to 690 West to the Downtown/Townsend St. exit (#13)
• Left off the ramp onto Townsend St.
• Left at 6th light (Adams Street)
• University Hospital will be on right.
• Turn left on Sarah Lougen Street
• Enter ‘Garage East’ on right or ‘Garage West’ on left

From the North:
• Route 81 South to Adams/Harrison exit (#18) Keep left.
• You will go under Rt. 81. Left at second light (Adams Street)
• University Hospital will be on right.
• Turn left on Sarah Lougen Street
• Enter ‘Garage East’ on right or ‘Garage West’ on left

From the South:
• Route 81 North to Adams/Harrison exit (#18)
• Right on Adams Street
• University Hospital will be on right.
• Turn left on Sarah Lougen Street to enter ‘Garage East’ on right or ‘Garage West’ on left