



Upstate Medical University

*To improve the health of the
communities we serve through
education, biomedical research
and health care.*

www.upstate.edu/ume

Letter from the UME Office

The UME Office is responsible for managing, coordinating and evaluating the medical school curriculum. In addition, we provide support to the students, faculty, and administration.



Undergraduate Medical Education Office Newsletter



Dear Students & Faculty:

Greetings from the UME Office!

More accurately, I should say greetings from my home office! That is where I have been working since mid-March when

Governor Cuomo, SUNY, and Upstate leadership made that recommendation in response to the coronavirus pandemic. Most of the UME Office staff have been working remotely as well. Dr. Mason and many of our faculty with active clinical practices also have been working from home some days - using telemedicine! We've been hearing about the importance of this method of health care delivery for years. Now we are experiencing it first hand.

We are so impressed with your response to this crisis - pitching in to help wherever needed (for example, staffing the COVID hotline, organizing blood drives, scanning the literature and summarizing the latest research findings), adapting to new methods for lecture and small group activities, helping design new electives (that can be delivered remotely, without patient contact), following physical distancing recommendations to help #flattenthecurve, and more!

We appreciate your flexibility and understanding during this time of unprecedented upheaval.

Please know that in the midst of all this change, one thing remains constant - our commitment to you, our students. We are doing our best to listen to you, understand your needs and concerns, and work with you to find the best outcomes. In this newsletter you will hear about the many things the staff have been doing, from a distance, to keep things running as smoothly as possible.

Take care and be well. We look forward to seeing you - either in person or online - soon!

Sincerely,
Leann Lesperance, MD PhD FAAP
Interim Associate Dean for Undergraduate Medical
Education



For questions regarding this publication, please contact:
Susan Anderson (Anderssu@upstate.edu)



Visit Our Website
<http://www.upstate.edu/ume/>

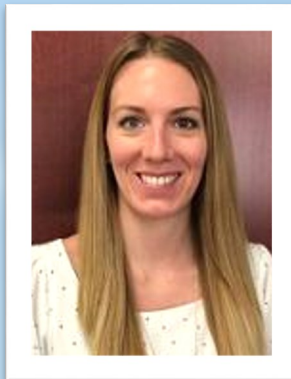


To our New Staff

Welcome to the UME Office:

Ashley Scott joined the UME office in December in the role of Curriculum Coordinator, however she has been with Upstate for over two years. Her career with Upstate began within Finance as the Administrative Coordinator where she had the opportunity to work with about 120 staff and varying levels of leadership. Ashley states that “Transitioning to the UME Office has broadened my perspective of Upstate and grown my appreciation for the institution”!

Ashley is continuing her education while working full time by pursuing her MBA through SUNY Empire and has completed Upstate's Leadership Academy in 2019. Ashley is a strong advocate for growth and professional development!



Ashley shared that her passions outside of work include her love of the outdoors. She enjoys traveling, hiking, skiing, volleyball and anything involving fresh air and sunshine! A couple of her favorite places that are the Outer Banks and Clearwater, Florida.

Phase 1

Dear Students, Faculty, and Staff,

We have been deeply impressed and touched by all of your efforts to move to distance learning during this COVID-19 pandemic.

For the MS2 students, I feel your frustration and pain in dealing with the unknowns about when and where you will be taking your Step 1 exam. There has been a lot of changing information and dates at a national level that has left administrators, faculty and staff feeling very frustrated. The UME office will continue to communicate information and guidance as we receive it.

For the MS1 students, I appreciate your patience with the quick switch to distance learning, and I was very impressed with your performance in Unit 7 in this very different format. We will be offering a Summer Strengthening Program (optional) that uses Osmosis videos and their flashcards to review physiology so that you will be well-prepared for the MS2 year. An email will be sent out soon regarding the summer strengthening program soon. The Gateway exam will be given in August on the second day of MS2 classes. We will also provide you with more information about this before the end of Unit 8. Finally, we are planning on having students back on campus in August and are making plans for adjustments to classes, labs, and exams that will allow for social distancing. There will also be contingency plans in place for switching back to distance learning should a need arise.

Best wishes to all in these trying times,

Thomas J. Poole, PhD

Assistant Dean for the Foundational Sciences

Phase 2

Dear students, faculty, and staff,

It has been an unpredictable and unprecedented time since the COVID-19 pandemic was declared, but we continue to be inspired by our students and educators. We are enormously proud of our recently graduated medical students, and we commend them as a class for being so enthusiastic about getting involved in the effort to fight disease.

Clinical activities were suddenly put on hold in March and faculty, students, and staff have worked together to create innovative online educational opportunities. Students are getting more involved in telemedicine encounters, virtual rounding, and remote efforts to support the medical teams caring for critically ill COVID-19 patients. We have been approved to start electives and Acting Internships that involve patient contact for the rising MS4 students on May 26. We continue to work to ensure that the environment for students will be both safe and educational. We plan for the rising MS3 students to begin online education for clerkships in June. A week of orientation/transition to clerkship activities is planned to begin on June 29th and includes things like overview of the MS3 year, workshops on sterile technique, EMR use, and ACLS training. Clinical rotations for the rising MS3 students are planned to start on July 6th. We look forward to seeing the students in the clinical setting safely.

We wish everyone well and thank you all for your innovative efforts and support!

Matt Mason, MD
Assistant Dean for Clinical Sciences

From the Exam Coordinator

Testing Corner

Usually around this time of year, I am getting everyone prepared for final exams and going home for the summer. Due to the circumstances, we are all doing our hardest to put our best foot forward and survive. I want to take a moment and say a great big “Thank you” to all of you students for going with the flow and handling this situation with grace, patience and acceptance of what has been thrown at you. You have understood that this is just as new to our administration as it is to you and we have gone through this process together and we appreciate your realization that we can do this when we work together. Thank you for working with us on this journey that none of us asked for, but we are all learning to navigate together.

~Your Upstate Testing Lady, Colleen

Technology Updates

Remote testing seems to be going well for the most part. We are working out the kinks with some laptops for the Exemplify testing, but most everyone is able to use this for the quizzes and exams.

As for the Clerkship Exams, these seem to be going well overall. It is a whole lot more interactive for the proctors than on campus, however, the students made it through. We will send out a few tips and tricks for future exams.

Student Access Requests

For anyone students needing EPIC, PACs/Synapse, and/or Remote access, please make sure to email me directly or fill out the google form here: <https://forms.gle/A5qYLkxHbRnUZTjYA>. Please note that these requests will be worked on once daily pending there are no other priorities that have to come first. If there is an immediate need (48 hours), please urgent email me.

If you are completing research for an IRB project and need Enhanced Slicer Dicer, please note that you must send me the IRB # associated with your research, you must make sure that the PI has added you to the IRB project with the Research office, and you must have MS3 or higher level Epic access.

Hospital Access

Our rising Syracuse MS3 students that will need to complete fingerprinting for the VA, I will be sending you information once we have a better plan as to when you will be able to start returning. Then we will work with the VA hospitals across the country to make sure you can get your fingerprints done at a location close to you.

To the Binghamton rising MS4s, please contact your clinical AI and elective coordinators and/or contacts to find out if you will need access to Crouse or VA. Many times, they assume that you will already have these accesses. I can help you get them before you start. Crouse will be for OBGYN. VA will be for IM, Surgery, PMR, Joslin Clinic, Psychiatry, and Neurology. There are some others, but these are the main ones that I am aware of. Please note that the VA can take 4-6 weeks to get access, but it is truly worth the experience if you get it done ahead of time. Crouse as a privately owned hospital, takes about 48-72 hours.

Ways to DeStress

Find all of these ways to DeStress and I would love to hear of ways that you destress.

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Q N N M A M B H N W G I N I Q W A T C H T V Y
M Y I I M N N B T T T G D N E I R F A L L A C
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J D D K L N N F T H M E A H E U I L B Z P H S
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AROMATHERAPY
BETHANKFUL
BOARDGAMES
CALLAFRIEND
CLEANING
COLORING
CROCHET
DANCING
DAYDREAM
DEEPBREATHING
DRAWING
FORGIVE
GARDENING
HAPPYPLACE
HEALTHYDIET
HOBBY
JOURNALING

KNIT
LEARNHOBBY
LISTENMUSIC
LONGDRIVE
LOUNGING
MASSAGE
MEDITATION
MOVIE NIGHT
PAINTING
PETPLAY
POETRY
POTTERY
PRAYER
READING
REPETITIVEMOTION
RUNNING
SAILING

SALTWATERBATH
SEWING
SHOWER
SINGING
STARGAZE
SUNRISE
SUNSET
SWIMMING
TAKEABREAK
VIDEOGAMES
VOLUNTEERING
WALKING
WATCHTV
WRITING
YOGA
ZENGARDEN

Answers are on the very last page of the newsletter.

Office of Evaluation, Assessment and Research

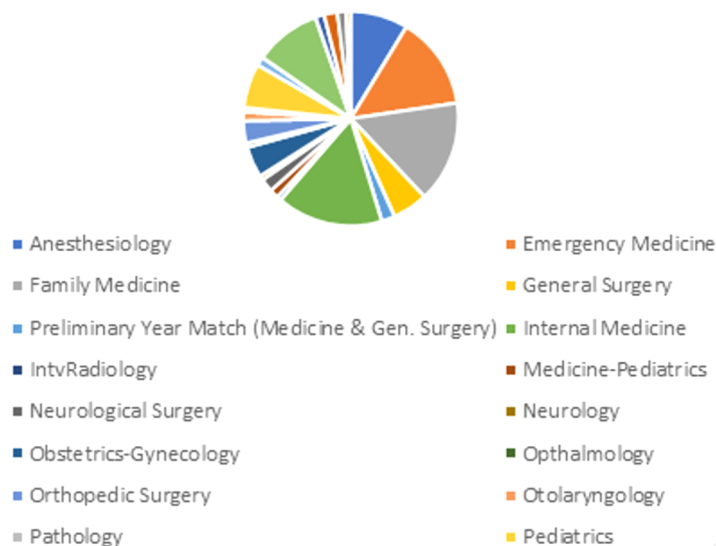
First and foremost, we hope you all are doing well and staying safe during these uncertain times. We miss seeing you on campus and look forward to all being together again when this storm passes.

Evaluation update: To ensure that we continue provide you all with opportunities to fully evaluate your courses, faculty, and preceptors we have updated many of your course and clerkship evaluations to account for changes to the curriculum.

Assessment update: Medical Knowledge assessments such as the Gateway exam and Pathology subject exam are being reviewed and modified as is the Clinical Skills Exam. Many thanks and kudos are due to the faculty, the MK testing team (led by Colleen Denniston), the Clinical Skills Center team (led by Steve Harris) and the College of Medicine's Office of Education and Career Success (led by Mary Ann Grandinetta) for working really hard to move things forward amidst many challenges and changes in effort to continue to promote student success.

Match day results: Onto some (extremely) positive news, the class of 2020 had a 99.4% match rate! Additionally, 70.3% of students matched into one of their top 3 programs. The below chart shows the specialties into which our 2020 graduates matched.

Class of 2020 Match Data



Away Elective Survey: Many thanks to the class of 2020 for completing the Away Elective Survey. For the past few years, graduating students have completed a survey regarding their away electives, including the specialty, hospital, costs, and logistics. We have recently compiled the results of the survey and have shared them with your learning community advisors. Additionally, you can find there survey here: <https://www.upstate.edu/com/pdf/intra/away-electives-feedback.pdf>

Finally, we would like to extend our very best wishes to the class of 2022 as they prepare to take Step 1.

As always, please feel free to contact us with any questions, or comments. Until we're back on campus the best way to reach us is via email:

Dr. Lauren Germain: germainl@upstate.edu & Ms. Josie Suser: suserj@upstate.edu

From the Office of Accreditation and Compliance

Student Occupational Health Exposure Policy and Procedures

The College of Medicine Policy on Student Occupational Health Exposure outlines mechanisms for treatment after student exposure to infectious or environmental hazards, mechanisms for reporting, and guidelines for financial reimbursement.

Why this matters:

- We care about your safety!
- In 2019, we had a total of 16 blood and body fluid exposures
- Exposures outlined in the policy:
 - Blood/body fluids examples: Human Immunodeficiency Virus (HIV), Hepatitis B (HBV), and Hepatitis C (HCV)
 - Environmental hazards examples: Chemical or radioactive exposures

Students receive education on prevention methods at orientations and through Blackboard Modules (i.e., "Safety at Work" and "Right to Know".)



Keep this card in your ID holders with reporting information!

Student Occupational Health Exposure



- For blood and body fluids, immediately treat exposure site:
 - Wash the exposed skin with soap and water.
 - Flush exposed mucus membranes with water.
 - Flush eyes with at least 500 ml of water or normal saline for at least 3–5 minutes.
 - Do not apply disinfectants, antibiotics, or caustic agents to the wound.
 - Proceed to the Emergency Department if wound suturing or other first aid is needed.
- Initiate follow-up without delay
 - Weekdays between 7:30 AM – 4:00 PM, call Employee/Student Health (ESH) at (315) 464-4260. Students will be instructed where to follow up.
 - After hours, weekends, and holidays:
 - Proceed to the Emergency Department at clinical site.
 - Proceed to the closest Emergency Department if none at the facility.
 - Notify ESH of the exposure by leaving a voicemail or calling the next day of business.
- For chemical or radioactive exposure, refer to the Student Occupational Health Exposure for treatment instructions: <https://upstate.ellucid.com/documents/view/3042>

LCME Element 5.7: Security, Student Safety, and Disaster Preparedness

A medical school ensures that adequate security systems are in place at all locations and publishes policies and procedures to ensure student safety and to address emergency and disaster preparedness.

SUNY Upstate Campus Disaster Plan
<https://upstate.ellucid.com/documents/view/1468>



The following is a listing of the University's crime prevention programs and projects:

- Escort Service: Available 24 hours a day, 7 days a week for anyone to any on campus location.
- Personal Security: Crime prevention presentations are made available on a regular basis at new student and employee orientations. Custom presentations or surveys are made at the request of any group.
- Emergency Telephone: Emergency telephones and call boxes, linked directly to the University Police, are located throughout the campus.
- Architectural Design: The University Police Department has significant input into the design of all new and renovated campus facilities as related to physical and electronic security systems.
- Facilities Surveys: The University Police Department and the Personal Safety Committee conduct periodic surveys of exterior lighting, exterior doors and campus grounds. Results of these surveys are forwarded to Physical Plant for prompt action.
- Rape Awareness: Rape awareness education and prevention presentations are made annually to the campus community.
- Organized participative Safety and Security committees also operate at the university for the benefit of all students, staff and visitors.
- Further information may be found at <http://www.upstate.edu/universitypolice/about/reports.php>

AAMC Graduation Questionnaire (GQ) Completion Rates

As of Tuesday, April 14, 2019, the current response rate to the 2019 AAMC Medical School Graduation Questionnaire (GQ) for Upstate Medical University was as follows:

- Completed 87.7% (n=135)
- In Progress 4.5% (n=7)
- Not Started 7.8% (n=12)

The GQ is a national questionnaire administered by the AAMC annually to graduating medical students. The results of this questionnaire are used to inform decision-making in the College of Medicine.

Thank you to those who have filled this out!
There is still time to complete this survey if you're able!

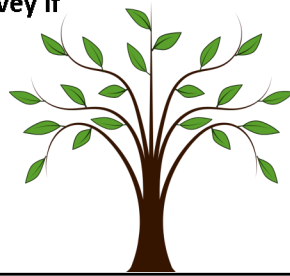
Medhub End of Year Surveys

The College of Medicine distributes End of Year Surveys through Medhub at the end of each academic year. These surveys inform continuous quality improvement processes in curriculum and support services.

Additionally, select results of these surveys will be shared with the LCME to demonstrate progress on citations from our most recent site visit.

Please complete these surveys! They will be delivered in Medhub during the following times:

- MS 1 – May 6th
- MS 2 – March 16th
- MS 3 – April 22nd



Positive feedback from student Medhub evaluations:

Associate Professor, Dr. Jeffrey Freedman, in the Department of Neuroscience and Physiology:

"Dr. Freedman clearly loves what he does and it shows. He is engaging and kind and I like being in his lecture. His pictures are incredibly helpful and I like how he walks us through problems to solve them at the end. He gives great visuals to guide his thought process and let us learn from him."

Clinical Professor, Dr. Yahia Lodi, in the Department of Neurology at the Binghamton Campus:

"Dr. Lodi was very invested in teaching. He observed us doing several (>15) physical exams, and he spent an extensive amount of time instructing us on the neurological history and examination. We were able to see endovascular procedures with him which was a great experience. He is one of the principal figures that made this clerkship so enjoyable and educational."

Voluntary Faculty, Dr. Stuart Trust, in the Department of Pediatrics:

"Dr. Trust, everything about you is a strength. From the first class it was evident that you were so invested in our learning. It is so encouraging to know how much you believe in us. I have said it to many of my peers, I hope I can be half the physician you are. Thank you for being the wonderful doctor and professor you are! -Asked clinically relevant questions -Gave us information that goes beyond just the case -Fostered a safe environment to ask questions freely and collaborate in learning more -Treated us as equals."



Gold Star and Commendation Form Reminders

Commendation Forms are accessible in MedHub for faculty interested in acknowledging students that go above and beyond the call of duty!

“Gold Star” Reports can be filled out by students, faculty, or staff to nominate those who demonstrate exemplary professional behaviors or contribute to a positive learning environment.

Nominations can be made here: <http://www.upstate.edu/currentstudents/support/rights/mistreatment.php>

Assistant Professor, Dr. Dana Mihalia, in the Department of Cell & Developmental Biology:

- *"Dr. Mihaila did an amazing review for MS-2s before our step exam. She is an amazing professor, always willing to help and answer our questions. She truly cares for her students. Thank you so much for the review Dr. Mihaila!"*
- *"Dr. Mihaila did an INCREDIBLE neurology review today. Thank you dr. Mihala."*
- *"Dr. Mihaila went above and beyond to review Step 1 neuroanatomy content. She spent time going through board-style practice questions to figure out the pertinent topics and she referred to the outside resources that most of us use to prepare for the exam which was pleasantly surprising and extremely helpful. She shows us her desire for our success through her actions. We truly appreciate her."*
- *"Dr. Mihaila always goes above and beyond to teach neuro to MS1s and MS2s, but this year I am especially grateful to her for putting together a Step 1 review PowerPoint and session. She went out of her way to help us with our studying and I will definitely be referring back to her review materials as my test gets closer. Thank you, Dr. Mihaila!!"*
- *"Dr. Mihaila did not have to hold a high yield anatomy review for the second year medical students. This was to help them in their studies for Step 1. She went above and beyond to try to prepare for this review session including buying multiple outside resources (the common ones that the second years use) and basically compiled together an amazing high yield review from all the information she collected from these resources. That must have taken so much effort and time! I appreciated this so much because she knows how valuable our time is, and she made sure to make her review as high yield and efficient as possible."*
- *"Dr. Mihaila went through all of the relevant boards materials which we use to study and compiled an amazingly epic review of neurology and neuroanatomy to help prepare us for our board exams. She went above and beyond by purchasing these review sources and actually going through them to give us all of the relevant high yield study material. She is truly amazing and I really can't find the words to express enough of my gratitude. She absolutely deserves all of the accolades and commendations that come with this report. Thank you Dr. Mihaila!"*
- *"Dr. Mihaila, out of the kindness of her heart and nothing else, did a neuroanatomy review for the MS2s for step 1. This is just the latest in her going above and beyond for us and we cannot thank her enough!"*
- *"Dr. Mihaila is absolutely awesome. She ALWAYS goes above and beyond for her students. As a first year, she always made herself available to ask her any questions, whether it be about anatomy or neuroanatomy. She is very thorough and teaches with such clarity. You can tell that she loves what she does, enjoys teaching students and is very good at what she does. As a second year, she created a neuroanatomy powerpoint that was so thorough. She acknowledged that majority of second years use secondary resources for studying and incorporated it into a high yield review session, letting us know what we should focus on, what we should expect and explaining similar presentations of different diseases. For all that she does for her students, her dedication to teaching and her intelligence, she deserves a gold star and so much more!! We love and appreciate you Dr. Mihaila! Thank you for all you do and being a big reason as to why we will be successful physicians in the future!!!"*
- *"Dr. Mihaila is a wonderful professor and an asset to Upstate. She took the time out her own busy teaching schedule to go through Step 1 resources (Uworld, Boards and Beyond, First Aid), and provided us with a very helpful review session of High Yield Neuro for Step 1. As a testament to how great Dr. Mihaila is, more people turned up for that review session than any lecture we have had for the entire year."x*

Gold Star comments continued

PGY-1 Resident, Dr. Naveed Rahman, in the Department of Surgery:

"Naveed is the intern I pray that I become in less than 2 years. Engaged, intelligent, thorough, thoughtful - these are just a few of the qualities of which Naveed is exemplar. Since the day that Naveed started with me on Surgical Oncology 1, I have been awed by his talent and demeanor. He listens thoughtfully to patients, is considerate of their needs, and timely in his duties to them. He is an active team member and diligent worker. During a time of frequent absences of support staff, Naveed stepped up to the plate, ensuring safe and comfortable discharges for post-operative surgical patients - a population high in both vulnerability and need of resources. His fund of knowledge is strong not only for an intern, but for a physician on the whole. I was able to glean multiple clinical pearls from my time working with him that will serve me well in my career. In addition to his outstanding clinical performance, Naveed is highly personable and was dedicated to my education. Medical students can often be overlooked in the ebb and flow of the day, but Naveed took special care to help me learn. During surgeries, he would always check in with me to make sure I understood what was being discussed or why things were being done in a particular way. He was attuned to my clinical interests and made sure I not only could observe cases, but participate in them. He allowed me to practice basic patient management skills and always checked in to see if I had questions in a way that made me feel comfortable. During moments in our weeks together where there was not much else to learn or accomplish, Naveed was always cognizant of my time and my other clerkship responsibilities. In short, I am so thankful for being placed with Naveed on my surgical rotations. Based upon his performance as an intern, I am excited to see his growth throughout the rest of his career. He is undoubtedly destined for something great."

Assistant Professor, Dr. Carrie Rosamelia, in the Department of Family Medicine:

"Dr. Roseamelia is always extremely supportive of students. She bends over backwards to accommodate students and get them involved in the Rural Medicine curriculum. She makes it clear that she is always there to help and support students with any issues they are facing, including extracurricular. In this instance, she called all of the students in the RMED program during the Coronavirus quarantine to check in on their mental health and offer support. Her selflessness and dedication to students are always on display, and her call during this stressing time probably significantly helped some students with their mental health."

MS4 Student, Kaitlyn Dehority:

"Kaitlyn is one of the greatest TAs /teachers I have had in the variety of fields I have worked in. I had lost my love for learning and she helped me regain it. She is selfless with her time and exemplifies the mission of medicine and academia."

Assistant Professor, Dr. Aaron Glass, in the Department of Microbiology and Immunology:

"Dr. Glass, while also establishing himself in his new faculty position in the College of Health Professions, made time to build a phenomenal new lecture on the immunology of inflammatory bowel disease for our second-year medical students. Everyone present, plus another 14 students who watched it online, remarked on the impressive clarity and memorability of the session. Thank you!!"

MS1 Student, Kristina Dolan:

"Kristina Dolan is treasurer of the class of 2023. She works hard both in her role as a student and in her class officer position. She and the rest of the class officers are doing an awesome job during remote learning, much of which goes unseen and unnoticed. Keep up the good work Kristina!"



The AOA junior elections were held on April 9, 2020. Please join me in congratulating the newly elected members from the Class of 2021!


Aaron Altman
Azfar Basunia
Katherine Bunch
Clarke Cady-McCrea
Hannah Connolly
Ava Delu
Mauro Dispagna
Michelle Fenty

Sarah Myers
Ashraf Patel
Mallika Rajamani
Zachary Visco
Michael Weingarten
Zoe Weiss
Xiancheng (Lewis) Wu

Patty Gooden
AOA Administrator, Upstate Gamma Chapter

**Congratulations to MSIV Ryan Thibodeau, the recipient of the
2020 AOA Carolyn L. Kuckein Student Research Fellowship Award**





Standardized Patient Program Creates Telemedicine Simulations for MS3s

From April 22-May 8, MS3 students had an opportunity to try telemedicine simulations via Remote SPE (RSPE). Students, SP Program team members, and SPs joined the RSPE remotely from home, from as far away as Vancouver and Nevada and as near as Syracuse.

Meeting on Zoom, the SP Program team held 18 RSPE sessions for for small groups of students. Each student completed 2 patient encounters.

The SP Program team met SPs and students separately for an orientation in virtual breakout rooms. Each student met one-on-one with patient #1, in another breakout room. The student took the patient's history and discussed assessment and plan with the patient. The SP provided verbal feedback to the student about communication skills. Subsequent to the first patient encounter, the student wrote and submitted a patient note. The same procedure was followed for the second patient encounter.

The patient write-ups have been forwarded to clerkship faculty who will review and provide formative feedback to the students.

Students were invited to evaluate their RSPE experience using an anonymous survey on Blackboard. We will look to the student feedback to help us improve and enhance remote standardized patient encounters

Thank you to the EdComm team who worked with the Clinical Skills Center Staff to pull together the resources and the plan to the first ever RSPE at Upstate Medical University!

Susan Barbour
Standardized Patient Program Trainer

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	A	G	P	R	H	S	E	T	S	E	W	I	N	G	G	N	I	R	O	L	O	C	F
2	X	X	N	E	E	T	H	G	I	N	E	I	V	O	M	G	N	I	T	I	R	W	O
3	S	H	G	I	T	Y	E	O	A	S	H	S	U	N	R	I	S	E	F	E	X	Y	R
4	K	O	T	A	W	P	A	S	W	S	H	E	A	L	T	H	Y	D	I	E	T	U	G
5	P	Q	P	A	R	A	L	R	N	E	S	S	B	B	Q	Y	R	T	E	O	P	O	I
6	M	F	Y	F	B	D	R	A	P	U	R	A	G	O	I	S	P	S	P	W	G	Z	V
7	B	C	A	P	V	R	E	D	Y	R	S	E	M	O	W	X	A	Y	Q	P	G	E	E
8	S	E	I	F	A	O	E	N	O	I	T	O	M	E	V	I	T	I	T	E	P	E	R
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12	M	Y	I	I	M	N	N	B	T	T	T	G	D	N	E	I	R	F	A	L	L	A	C
13	J	E	Q	K	N	I	K	E	O	A	E	L	K	A	E	R	B	A	E	K	A	T	G
14	J	D	D	K	L	N	N	F	T	H	M	E	A	H	E	U	I	L	B	Z	P	H	S
15	O	A	G	I	C	A	U	G	U	S	N	O	R	S	O	R	G	O	V	A	A	E	Z
16	U	Y	N	R	T	L	W	R	D	L	I	R	R	I	T	B	A	S	I	P	M	E	E
17	R	D	I	G	S	A	E	Y	D	H	S	L	A	A	N	R	B	N	P	A	N	Z	C
18	N	R	G	N	I	H	T	A	E	R	B	P	E	E	D	G	T	Y	G	G	A	R	F
19	A	E	N	B	N	Z	N	I	N	L	Y	H	P	G	L	I	P	O	A	G	O	D	X
20	L	A	U	R	G	C	T	F	O	I	X	Q	A	X	N	L	E	R	R	C	A	U	R
21	I	M	O	J	I	A	I	B	H	N	N	M	M	G	A	D	D	A	H	Y	O	G	A
22	N	R	L	N	N	B	N	H	G	H	E	G	A	C	I	E	T	E	L	N	U	R	W
23	G	Y	G	G	G	X	K	K	F	S	F	Z	E	V	N	S	T	L	U	M	A	F	N

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